

AUGUST

- 12th **Humberstone** A
 14th **Knighthon Victoria** A 2.15 p.m.
 15th **Belgrave** H
 16th **Clubhouse Trophy**
 17th **Knighthon Victoria** H
Thringstone A
 18th **KO Cup** (at Holwell Sports BC) 1pm
 19th **Brush Hawks** 2 p.m. A
Shepshed Lambs 2 p.m. H
 21st **Leicester Banks** H
 22nd **Enderby** H
 26th **St Margarets Saints** 2 p.m. A
Sileby Swallows 2 p.m. H
 29th **Nuneaton** H
 30th **Belvoir Vale** H 2 p.m.
 31st **Greenwood Cup** A
Syston Carnival

SEPTEMBER

- 1st **Tom Brown Trophy** (at Market Overton BC) 1 p.m. start
 2nd **Rothley Crusaders** 2 p.m. H
Soar Valley Merlins 2 p.m. A
 3rd **Keyworth** (Mixed) H
 5th **Melton Town** A
Sileby H
 7th **Kirby Muxloe** H
Leicester Banks (Mixed) A
 9th **Leicester Ladies** A 2 p.m.
 10th **Keyworth** (Mixed) A
Birstall H
 11th **Barlestone** (Mixed) A
 12th **Countesthorpe** (Mixed) A
 14th/15th **Coffee Morning**
Men's Competitions Finals
 16th **Western Park** A 2 p.m.
 18th **Oakham** A 2 p.m.
 19th **Holwell** A
 22nd **Rothley** A 2 p.m.
 25th **80th Anniversary Executive** H
 26th **Closing Day**

Colour code:

Men, Ladies, SBC, White Plums,
 Green & Royals Melton Triples League

**"If God meant us to stay naked, he
 wouldn't have invented
 the wicker chair"**

Green Ranger



Roger Bentley

I would like to offer special thanks to **Mark Newman** (pictured below) for clearing the rubbish from the back of the clubhouse and use of his trailer for its disposal.



Anyone who would like to assist in keeping the green surrounds in good order is invited to contact me (2607 037) when I will be glad to identify the range of jobs which need attention.

The future of the Newsletter

AS the masthead of this edition shows, this is Number 87 in the current series, indicating continuous monthly publication for over 7 years. It is hoped (and believed) that it represents a valued service to Members who would feel the loss if publication were to stop.

Looking ahead, the time will inevitably come when the current production "team" will no longer be able to continue. It is therefore wise to begin to consider how best the service might be sustained.

Provided that there are no major changes affecting the issue, the current team are prepared to continue for another 12 months - taking us to edition 100. Thereafter, however, Members are given notice that a new team will be needed.

In the meantime, anyone interested in ensuring the survival of the Newsletter and who would like to get involved with its production, should contact **Colin Grimes** or **George Dodge** who will offer appropriate training, if necessary, in the period between now and October 2014 after which their own services cannot be relied upon.

49 Club update

LATEST LUCKY WINNERS are:
Don Creasey (32), **Margaret Abbott** (31),
Margaret Dexter (37) and **Marjorie Clowes**
 (15) Congratulations to them all.



Official newsletter of the Syston Bowling Club

No 87 August 2013

Bulletin from the Board

Chairman announces challenges and opportunities that lie ahead



AS a consequence of the news that I hope to be able to announce at the August Coffee Morning, we face an exciting few months immediately following the close of the current Season. Excellent news that these developments might be, they do not come without consequences. To take maximum advantage of the situation, we will have to make a serious call on cash reserves currently held within the Club. Members can be assured that the Board will collaborate closely with the Committees of both Sections to ensure that the underlying financial health of the Club remains robust.

Sprinkler system

I have repeatedly referred in the past to the increasing likelihood of the need to spend a significant amount of money on the green sprinkler system. The time has now arrived, since the storage tanks at the rear of the clubhouse, already reported as being badly corroded, have now started to leak and need to be replaced. In addition, in recent weeks, the greenside manhole housing the main control unit for the delivery of the water has "collapsed" and needs to be completely rebuilt.

The Board have looked at a range of alternative ways of keeping the green efficiently watered but have found nothing that can match the present system in terms of cost and manpower requirements. We have therefore arranged for quotes for the complete refurbishment of the current system, including new plastic tanks. From this exercise, it is clear that we need to find close to £8000 to cover the costs involved. A full discussion will be held at our Board meeting scheduled for 13th August when, it is hoped, a contract for the work to begin can be agreed. The remedial work will then be carried out as soon as possible.

Fundraising

It should therefore be clear to everyone that there is an urgent need for fundraising. Current efforts need to be redoubled and every opportunity taken to raise money for Club funds. Efforts will continue to try for grant aid from National Lottery, Sport England and other national and local sources. Contributions and donations from individual Members are invited for the vitally important development work that will be undertaken. If anyone is in a position to give financial support, no matter how modest, please talk to me - in total confidence - to discuss the matter further.

Disabled access ramp

Some more good news. The Derbyshire Environmental Trust has approved our application to have the deadline for the payment of the Lafarge Tarmac grant covering the installation of the disabled ramp between clubhouse and green, extended to July 2014. This gives us more time for the necessary and protracted negotiations with the Council over planning permission.

YOUR contribution

So, exciting and challenging times lie ahead. This time next year should see significant changes in the fabric of our great Club. All I ask is that every one of you should do your utmost to contribute - in no matter how small a way - but to the best of your ability, to assist us in achieving the maximum benefit from the significant changes involved.

SYSTON BOWLING CLUB Clubhouse Telephone: 0116 269 2105

All communications to **The Chairman**: Colin Grimes, 8 Quenby Crescent, SYSTON, Leics LE7 2BW
 Telephone: 0116 2608 412 email: systonbowling@btinternet.com

The Club Coach column

This month's topic is "Position and impact of bowls"



TACTICS will vary according to the pace of the green. When the green is heavy, it is essential to get bowls into the head. Don't worry particularly who holds shot in the early stages and remember that short bowls are wasted on heavy greens. The last two or three bowls will invariably settle the issue.

The faster the surface, the more unpredictable will be the end result.

If a jack is moved on a fast green, there will be a lot of movement. After a heavy bowl enters the head, the jack may get sliced sideways and other bowls will be driven out. On heavier greens, the effect is often less dramatic. The jack just goes back and bowls stop dead.

In team play, more conversion shots are played, therefore the wise Skip always ensures that he has plenty of cover at the back of the head while he is lying with close shots.

It is as well to remember that packing the head with bowls isn't a good idea. The more packed the head, the greater the target it offers and often the bigger the eventual loss.

I spoke in an earlier article of the movement of bowls and the jack when driving or even when yard-on shots are played.

Any good bowler should have the knowledge of what happens to bowls when they are struck.

The bowler has to recognise how to play a "plant" shot hitting one bowl against another to achieve his objective. He needs to know what will happen when he hits one against another, or even two or three bowls.

Always remember that bowls will react differently on slow and fast greens.

If you have any particular problems on which you would appreciate the advice of our Club Coach, please do not hesitate to contact him at any time. Tel: 2696548

System Carnival

Val Foreman calls for active support



THE next major opportunity or fundraising, Syston Carnival, will present itself on Saturday 31st August when we will have two "pitches" and plan to sell cakes, crafts and plants.

As usual, the date co-incides with the Greenwood Cup

which means that the majority of our Men will be unavailable to help in the afternoon. However, we do need a squad of volunteers from 10.30 a.m. to help erect the gazebos and set out the stall furniture. In order to help the ladies after the close of the show at about 4.00 p.m., we need more "muscle" to carry the equipment back to the clubhouse. If you are not selected to play in the Greenwood Cup and can turn out to help with this task, please do so. It is hoped that, as in past years, members will be willing and able to supply the cakes to be sold. This has always proved a "sell out" in previous years, so the more we have, the more funds will be raised.

The donation of appropriate articles will be very much appreciated.

It is planned to publish a rota of ladies willing to cover one hour slots throughout the Carnival on the notice board nearer the date. Anyone wishing to volunteer, or who is prepared to make cakes or supply plants or items for the craft stall should contact either myself or **Anita Lowder**. Items can be delivered into the clubhouse either on Friday 30th or on the actual day.

It is said that husband is the head of the family, but remember that wife is the neck of the family and the neck can turn the head exactly the way it wants.

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Jennings



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**For details of how to join our growing list of Patrons,
ring 2608 412**

The 2013 Season to date at a glance

	P	W	D	L	Shot Diff
Men - Saturday	31	17	0	14	+7
Men - Weekday	16	10	0	6	+21
Ladies - Friendlies	19	12	0	7	+34
Ladies - Trips League	Played:9	Points: 21	Shot Diff: -45		

Loughborough & District Triples League

White Plums:	Played: 11	Points: 44/88	Pos: 4/8
Green & Royals:	Played: 9	Points: 47/72	Pos: 2/7

Melton & District Triples League

Syston	Played:5	Rinks Won:7	Lost: 8	Drawn: 1	Pts: 19/40
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Loughborough League Charity Cups

THESE are the declared results of the five Charity Cup competitions organised by the Loughborough and District Bowls League:

	Winner	Shots	Syston	Shots
Armstrong Cup	Thringstone	+27	8/10	-25
Johnson Cup	Brush	+27	8/10	-10
Mallinson Shield	Thringstone	+28	9/9	-38
West Cup	Quorn Mills	+28	6/10	-3
Hartopp Cup	Thringstone	+24	8/11	-1

Is this a record?

IN all probability an age related record in the club's history was created on Friday 26th July 2013, when 3 bowlers with a quarter of a millennium's life between them were drawn to play together in a Triples competition. Unfortunately for them, they wilted on the last end to lose by 2 shots. The players themselves were **Roy Hill**, **Rob Wilbourn** and **John Woodward**.



It's windy today



No, it's Thursday



So am I. Let's have a beer

Birthday bumps!

August "HAPPY BIRTHDAY" wishes to
**Gillian Allen, Chris Biddles, Norma Grimes,
 Josie Hubbard, Gerry Kennell, John Lambie and
 Jean Ward**



The evils of drink

1. The trouble with some people is that when they're not drunk, they're sober.

W B Yeats

2. Actually, it only takes one drink to get me loaded. Trouble is, I can't remember whether its the thirteenth or the fourteenth!

George Burns

"Golden Oldies" show their age

Singers of the 60's are revising their hits with new lyrics to accommodate us, the baby-boomers. New releases Include:

Herman's Hermits

Mrs Brown, You've Got A Lovely Walker

The BeeGees

How Can You Mend A Broken Hip?

Roberta Flack

The First Time Ever I Forgot Your Face

Johnny Nash

I Can't See Clearly Now.

Paul Simon

Fifty Ways To Lose Your Liver

The Commodores

Once, Twice, 3 Times To The Bathroom

Procol Harum

A Whiter Shade Of Hair

Leo Sayer

You Make Me Feel Like Napping

Abba

Denture Queen

Helen Reddy

I Am Woman, Hear Me Snore

And Last but NOT least...

Willie Nelson

On the Commode Again

A message from Club Patron

Chris Meynell & Family seek to strengthen the bond between us

IT would be very helpful if Club Members could reflect their appreciation for our support for their Club and help to promote our business in a number of ways.

For example, if any are on social network sites, such as Facebook, they could "like" us, mention that we plan to have a stall at the Syston Carnival, raising funds for the Syston & District Volunteer Centre, and that we are planning, on a date not yet fixed, to have a "Meet & Greet" morning at Wellington Street where tea, coffee and homemade cake will be provided.

Even if only one Member reciprocates the support, our relationship can be strengthened and future collaboration can be secured.

Health tips

This month we look at Kiwi fruit



KIWI fruit, one of nature's perfect foods, packs a lot of nutrition into a small, fuzzy, flavoured package. Each one is loaded with nutrients that can help fight off

disease, lower blood pressure and cholesterol, boost energy and help to keep you healthy. Low in calories but high in energy, Kiwi fruit are an excellent source of anti-oxidants, each one delivering a range of nutritional benefits including:

Vitamin C - Each fruit has nearly two-and-a-half times the recommended minimum daily allowance of vitamin C, proven to boost the immune system and fight the effects of stress and ageing.

No fat - Kiwi fruit is fat-free, a rarity among foods containing so many other nutritional benefits.

Fibre - Two kiwi fruit contain more fibre than a bowl of bran cereal, the tasty way to maintain heart health, regular digestion and lower cholesterol.

Potassium - More potassium than a banana, ideal for maintaining fluid and electrolyte balance and for releasing energy during exercise.

Anti-oxidants - An excellent source of anti-oxidants which are important in reducing your risk of cancer, heart disease and stroke.

Low glycemic index - With a glycemic index of 52, Kiwi fruit is a fat-free, low-carbohydrate fruit that's safe for diabetics and a smart part of any weight loss diet.

Magnesium - Two Kiwi fruit deliver 30mg of magnesium which improves nerve and muscle function while boosting energy levels.

Lutein - Kiwi fruit contain the phytochemical, lutein, which works to prevent age-related blindness and protect eyes from various kinds of damage.

Zinc - Men will appreciate Kiwi fruit's help to produce testosterone while everyone can enjoy its other benefits like healthy hair, skin, teeth and nails.

Vitamin E - Kiwi fruit is one of just a handful of fat-free sources of Vitamin E, a powerful anti-oxidant that helps lower cholesterol and boost the immune system.

Your views, opinions, news and any other material of interest to Members would be welcomed for publication in future editions. Please send to the Editor, by the first Monday in every month

Lest we forget

In the second of her series, **Doreen Payne** remembers **John Wheeler**



JOHN Wheeler was a "larger than life" club member both on and off the green. He took great delight sending his woods (which were like cannon balls) thundering down the green when he was

playing Skip and wished to "re-arrange the head". But we all have much more to remember **John** by as it was he who had the vision of the clubhouse which we have today.

With his business acumen he knew where to go to get plans off the ground and he had the ideas of how to finance those plans. With the clubhouse built and in use, he also knew that we needed to finance our club and, whilst many people do many things, it was **John** who had the idea of the "49 Club" which is a regular source of income and has made our monthly coffee mornings so successful. It is there that we all gather to socialise and "pay our dues" with the hope that it will be our number that is drawn that night.



Mavis Sanderson, featured in last month's article, pictured here arriving at the clubhouse on her trusty bicycle

Men's Captain offers thanks



I would like to take this opportunity to thank President **Kate** and the Ladies for helping me on Saturdays by making themselves available for selection. This makes my job a lot easier. I would also like to thank Vice-Captains

Don Creasey and **Ken Renshaw** for their help over several years.

The end of the Season is in sight and we are not doing as well as last year. But, at the moment, we are winning more than we have lost so, best of luck for the rest of the Season. I would like to finish by thanking everybody involved in the smooth running of Saturday fixtures.

Saturday catering arrangements

Catering Manager, **Pete Murray**, draws attention to rota changes



THERE have been some necessary changes made to the Saturday kitchen duties rota. Due to some ex members not renewing their membership, I have had to draw some names at random, to fill the gaps they have left. So will all

Members please look at the notice board to check once more when they are on kitchen duty.

Remember, anyone who cannot fulfill their obligations should find their own replacement. Finally, I would like to thank all those Members - both men and ladies - who have accepted their responsibilities and made such a great job of maintaining standards and our Club's reputation.

"A hat should be taken off when you greet a lady and then left off for the rest of your life. Nothing looks more stupid than a man in a hat."

P J O'Rourke

Gardening Group



THE latest visit of the Garden Group was to Coton Manor in Northamptonshire. We have been there several times at different seasons and it is always enjoyable.

This was the first visit for several of the Group's newer members and they particularly liked the great variety of flowers and trees and also the beautiful flamingoes and rare breeds of chickens wandering around.

We were very lucky with the weather and all enjoyed a great lunch and, later on, tea and cakes while sitting in the courtyard.

A very happy day which helped to make up for the disappointment of having to cancel the proposed trip to Cambridge.

Used book library

THANK you to everyone who contributes to the continuing success of our book exchange either by donating, buying or exchanging books. The "service" manages to raise more than £100 every year as a result of your generosity. Visitors to the clubhouse are impressed and often leave with a couple of purchases.

With the benefit of a new display stand, we can now stock any redundant or unwanted DVDs. As we seek to explore every avenue to raise Club funds, it is hoped that this extension to the service will reap rewards.



Availability and Team Selection Sheets



MIDWEEK Captain, **Noel Evatt** (pictured) would like to make an urgent plea for everyone to take more care over declaring their availability on Availability Sheets and ticking off confirmation of their

selection on Team Selection Sheets. A great deal of unnecessary time has to be spent "chasing" Members to check the current situation which could be avoided if Members played their part more responsibly.

Things my mother taught me - Part 2

Envy

"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

Anticipation

"Just wait until we get home."

Medical science

"If you don't stop crossing your eyes, they are going to get stuck that way."

Genetics

"You're just like your father."

Wisdom

"When you get to my age, you'll understand."

Justice

"One day you'll have kids, and I hope they turn out just like you!"

Weather

"This room of yours looks as if a tornado went through it."

Storage of pushers

WOULD all Members please note that it is dangerous to store our new pushers with the "open" side outwards. A number of accidents involving head wounds have, so far, been narrowly avoided.

Pushers should always be stored with the curved, "closed" side at the front.

If anyone spots that this requirement has not been followed, please take the time to ensure that the equipment is correctly stowed to avoid the possibility of injury.