

JUNE

- 10th St Margarets Saints H
Sibley Swallows A
- 11th SBC Board Meeting 7 p.m.
- 13th Belgrave A 2 p.m. start
- 15th Loughborough Granby H
Oakham A
- 18th Oakham H 2 p.m.
- 19th Holwell Sports H/A 6.15 p.m.
- 20th Loughborough Granby A
- 22nd Holwell H
Mowmacre A
- 25th Wymeswold A
- 26th Melton H/A 6.15 p.m.
- 27th Evington Park H
- 29th Fosseyway H
Scotlands A

JULY

- 1st Rothley Crusaders A 6 p.m. start
Soar Valley Merlins H
Brookfield H 2.15 p.m.
- 2nd Anstey Cup A 6 p.m. Start
- 3rd Belvoir Vale H/A 6.15 p.m.
Shepshed A 2 p.m.
- 4th Oadby H 2.15 p.m.
TBA
- 6th Countesthorpe H
Bagworth A
- 8th Birstall Sands A
- 9th Rothley H
Mallinson Shield A 6 p.m. start
- 11th Kirby Muxloe H
- 13th Coffee Morning
Belgrave H
Aylestone Hall A
- 16th Management Group Meeting 7 p.m.

Colour code:

Men, Ladies, SBC, White Plums, Green & Royals Melton Triples League

49 Club update

LATEST LUCKY WINNERS are:

Alan Ward (3), Marjorie Clowes (15), Margaret Porter (43) and Mark Newman(9) Congratulations to them all.

Reader's letter

CBS article
labelled "*insensitive and arrogant*"

T0: *The the Board of Directors of Syston Bowling Club*

I am writing to express my concern to what I consider an insensitive and arrogant article written by the Chairman in the May Newsletter.

This concerns his "perhaps" tongue in cheek proposal to award a CBS to certain Members for their recent work on the green (which, incidentally we all appreciate).

I presume it was his intention to try to shame the shrinking violets into action. Surely, a man of his experience should know that this will, and has, alienated some Members.

We are all Adult Members of a Bowls Club and not children to be lectured by the Headmaster.

I have been a Member of this Club for over 20 years and along with several others sitting at our table that morning having read this article we were, to put it mildly, incensed considering we all put the CBS over the years.

I would also point out that in recent Newsletters there has been an increasing tendency to criticize Members for not supporting the social events. This is entirely a matter of personal choice. People have other interests in the Closed Season. I am not in the habit of upsetting people and I am not anti-Chairman, just anti- this article. In the past, as Secretary and President of the Ladies Club I have always expressed my appreciation of the tireless work that Colin has done for the Club but I feel very strongly that this was an unworthy article.

C Biddles

Politics

Politics: "Poli" = Latin for "many" and "tics" = "bloodsucking creatures."

"The trouble with political jokes is they often get elected"



SYSTON



GREEN



Official newsletter of the Syston Bowling Club

No 85 June 2013

Presidents review a joint celebration

IN spite of the diabolical weather which greeted us on the opening of Presidents' Day, resulting in the Men v Ladies match being aborted after four ends, and everyone getting wet, everything got progressively better once we were inside the clubhouse. Following a novel "game of chance" where **Jan Holmes** won the prize (two bottles of quality wine), everyone enjoyed a superb meal before speeches from both Presidents.

The evening was rounded off in fine style with a traditional jazz session provided by **Matt Palmer's Millennium Four**.

My sincere thanks to all who came along, for your gifts and best wishes and for all those who worked so hard behind the scenes to make it such a wonderful and enjoyable day for me.

Having now completed the reckonings, I am delighted to be able to confirm that the day's events raised £342 for our joint Presidents' good cause, "Syston Bowling Club"!

Communications

May I remind Members, other than Officers, that when space is limited on the notice boards, any overflow of relevant correspondence, adverts or notices is diverted to a box file in the main area of the clubhouse and is freely available for anyone to view at any time. It would be helpful, in the interests of tidiness, if anyone wishing to post general notices in the Men's changing rooms would do so through me.

Green maintenance

Both the green and its surroundings are now looking in great shape. Could I appeal to all

Members from the Men's section to add their names to the rota for volunteers to keep the surroundings tidy, which is on display in the men's changing room. **(See separate article on page 3)**

Good wishes

I hope you are enjoying your bowling and the company of your friends.

Ladies' President adds

Firstly I would like to thank **Rob** for agreeing to share his President's Day which, in spite of the weather, turned out to be a most enjoyable and memorable occasion.

Behind every successful man/President is a good woman. I would like to extend my gratitude to **Janice** (along with the help of **Kate Williams, Sheila Parker and Sheila Aindow**) for the preparation and organisation of a delicious meal. **(Editorial note:**



What about the good man behind the Lady President?)

Secondly my thanks to all the Members who attended and embraced the day (despite the weather) with their usual enthusiasm. Whether you like Jazz or not, I think everyone appreciated the talent of the musicians. What an excellent finale to a most enjoyable day.

Words of Wisdom

"What some people mistake for the high cost of living is really the cost of high living."

"Look to the future because that's where you'll spend the rest of your life."

SYSTON BOWLING CLUB Clubhouse Telephone: 0116 269 2105

All communications to **The Chairman:**

Mr Colin Grimes, 8 Quenby Crescent, SYSTON, Leics LE7 2BW

Telephone: 0116 2608 412 email:

Your views, opinions, news and any other material of interest to Members would be welcomed for publication in future editions. Please send to **George Dodge, as Editor, by the first Monday in every month**

The Club Coach column

In the second of 3 articles on **Teamwork**, Des gives advice to Numbers 2 and 3



IN many ways Number 2 is complementary to the Lead and, as such, has the task of rectifying what the Lead may have failed to achieve or to balance and improve upon a promising position. The Number 2 has to be a good, close drawing player and, primarily, a good length player - with the ability to play a fast wood if needed. The Lead has to try to be exact but, with the Number 2, it is often less important - although a Skip will want him/her to be closely involved in the head.

A prime requirement of the Number 2 is the ability to draw consistently well, even under pressure, because he/she is the last player who can be guaranteed an open draw to the jack.

Number 2 is the player responsible for keeping the scorecard and scoreboard up to date, regularly checking with the opposite Number 2 that their score cards tally.

Number 3

The ideal Number 3 has to be capable of delivering a variety of shots and will be asked, perhaps more than any other player, to play such shots as the block, a position wood and/or a jack trailing shot. Such shots are never easy, so the Number 3 has to be a good "weight" player.

Number 3 is the right hand and second in command to the Skip keeping the Skip fully informed of the current situation in the head, making sure that the Skip hasn't missed anything by posing the appropriate questions.

Although I personally like to involve the Lead and Number 2 in any discussions on tactics, it is the Number 3 who carries the responsibility of passing advice to the Skip. There is one failing that a Number 3 must guard against. It is amazing how often I have witnessed a Number 3 leap in with a suggestion for a shot just as the Skip is about to send down his first wood - often with disastrous consequences. Remember, the Skip has just left the head, having analysed the situation, and decided on what shot to play. Any suggestions from Number 3 should be made while they are both at the head. A Skip should never be interrupted when on the mat about to play his shot of choice. If the situation in the head has changed after the Skips' first deliveries,

Number 3 has a duty to ask the Skip to pause to take advice before he delivers his second wood. This could involve inviting the Skip to re-visit the head to see personally what the options are

The effective Number 3 gives nothing away when agreeing the score at the close of an end. The shot must be doubtful for a measure to be asked for in the first place. A Number 3 will never be bluffed out of going for the measure.

Two additional points for a Number 3 to remember:

1. Whenever possible, involve the Lead and Number 2 in deciding what advice to give to the Skip for a vital shot.
2. Always be positive with all your shots when trying to save.

Next month "Advice to the Skip".

Coaching sessions for "improvers"

CLUB Coaches, **Des Eggitt** and **Ken Renshaw** are pleased to announce the launch of a weekly series of coaching sessions aimed at those who wish to improve their technical and tactical understanding of the game.

These sessions will run from 6.00 p.m. to 7.30 p.m. every Wednesday with effect from 12th June.

It is hoped and believed that these sessions will benefit everyone - whatever your current level of expertise. Strong support from all Members is therefore encouraged.

Life

"If youth knew; if age could."

If you have any particular problems on which you would appreciate the advice of our Club Coach, please do not hesitate to contact him at any time. Tel: 2696548



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Happy Birthday!

We join the Ladies of Syston Bowling Club in celebrating our 80th anniversary

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For details of how to join our growing list of Patrons, ring 2608 412

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See pages 6 & 7 for more Patron details. We are grateful for the active support of each of these companies

The Season so far in summary

	P	W	D	L	Diff
Men - Saturday	14	6	0	8	-14
Men - Weekday	7	4	0	3	+52
Ladies - Friendlies	9	7	0	2	+85

Ladies - Trips League Played: 1 Points: 2 Pos: ?

Loughborough & District Triples League

White Plums: Played : 5 Points: 22/40 Pos: 4/8

Green & Royals: Played: 5 Points: 26/40 Pos: 3/7

Melton & District Triples League

Syston Played: 0 Rinks Won:0 Rinks Lost: 0 Pts: 0 Pos:

This year, so far, it is the Ladies who are setting the example with a great start. Well done, ladies! Our Men appear to be struggling a little. Hopefully, with warmer weather the results will improve. At least our green is bowling well thanks to **Chris Mews** and **Roger Bentley**.





Car Treasure Hunt

In aid of InterCare

Tuesday 2nd July from 6.15pm

£15 pp (teams of 4 encouraged)
Begin at Slate Restaurant, LE12 7AJ (free car parking) follow clues on the treasure hunt around historic Mountsorrel village
2 course meal at Slate- 8.30pm

Bookings and payment
by June 18th Call 0116 2695925

Continued support for local charity InterCare

THANKS again from **InterCare** for the used stamps and ink cartridges, and the old spectacles. **InterCare** are always grateful for these, so please keep them coming in. It's so easy and so worthwhile. Hardback non fiction books in good condition are also very useful to them. Please use the boxes in the clubhouse to deposit your donations.

John Phillis, from Henry Smith & Hamylton, has again donated 5 boxes of old spectacles, which have also been delivered.



Birthday bumps!

June "HAPPY BIRTHDAY" wishes to
Margaret Baker, Jenny Dewick, John Lester, Mark Newman, Aideen Talbot, Janice Wilbourn and Rob Wilbourn



Health tips

This month we look at dates



Dates

- * are cholesterol-free, low in fat and rich in protein, dietary fibre, vitamins A1,B1, B2, B3, B5 and C and minerals;
- * contain soluble and insoluble fibres and amino acids which help improve the digestive system;
- * are great energy boosters as they contain natural sugars such as glucose, sucrose and fructose;
- * are very low in calories and therefore suitable for health and weight conscious people;
- * are rich in potassium, which is believed to reduce the risk of stroke, and reduced in sodium, helping to regulate the nervous system;
- * help to lower levels of dangerous LDL cholesterol;
- * have a high iron content helping to combat anaemia;
- * contain fluorine which helps protect against tooth decay;
- * soaked in water overnight and taken daily with water, help to ease constipation;
- * can help cure a hangover
- * combat stomach cancer
- * are beneficial to eyesight and help to cure night blindness
- * have no adverse side effects.

More useful health tips next month

Please note that all advice featured in this Newsletter is offered in good faith but should not be understood to represent qualified medical advice. Always consult your GP. Information is published only as a guide and not as a comprehensive authority on any of the subjects covered. While every effort has been made to ensure that the information given is accurate and not misleading, neither **Syston Bowling Club** nor the contributors can accept responsibility for any loss or liability perceived to have arisen from the use or application of any such information or for errors and omissions. Readers are strongly advised to follow up articles of interest with specialist medical advisers.

Competitions news



Gary Kilbourn

THANKS to everyone who, in spite of the weather, has made the effort to keep to deadlines so far. Things appear to be going well. Hopefully, the weather will not interfere with keeping to the next deadline of 7th July but, if anyone does have a problem in keeping to schedule, please let me know so that I can see what might be done to help.

For those of you involved, please note that a revised date - now 4th August - and starting times for the "Syston Town News" Mixed Two-wood Triples competition have now been posted on the noticeboard.

Gardening Group



Christine Dodge

THE Gardening Group recently enjoyed an excellent lunch at the Toby Inn at Loughborough followed by a visit to Long Close Gardens at Woodhouse Eves.

Items discussed at the latest meeting included jobs to be carried out in June, future visits and more about a visit to Cambridge. The next visit will be to Goadby Marwood Hall, near Melton Mowbray on Friday, 7th June. Meet at clubhouse at 11.00am. Lunch at the Marquis of Granby, Waltham on the Wolds. The next meeting will be on Tuesday 18th June at 7.00p.m.



New Patron confirmed

Status conferred in return for Saturday parking access



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FURNLEY HOUSE Wealth Management are pleased to become a Patron of Syston Bowling Club. We have recently moved from our office in Barkby Road and relocated on Melton Road, directly opposite the Club.

We are proud to offer independent financial advice to private clients and businesses, predominantly in the Leicestershire area. At a time when the majority of the High Street banks have withdrawn from offering financial advice, we believe that the role of a local IFA practice is now more important than ever. We are finding in these challenging times that we are able to assist our clients in a variety of ways including: getting the most from your pensions in retirement, maximising the return from your savings and investments, whilst ensuring your affairs are arranged in the most tax efficient way both for you and your families in the future.

We look forward to meeting local people who are looking to 'create, protect or enhance their wealth' with a no obligation, initial meeting at our cost.

More on the CBS issue

See letter on back page



IN last month's edition of this Newsletter, writing on behalf of the Board, our Chairman wrote an article thanking those Members who, in very poor weather, had undertaken the exceptionally arduous task of re-laying the slabs around the green, as well as carrying out the usual greenside preparations for the opening of the Season. Along with others named, I appreciated the thanks. Since then, however, I have heard several adverse comments from Members who were not mentioned.

Just like special awards made to servicemen and women, or honours given to civilians, the notion of a special **CBS** award was intended, in a lighthearted but serious way, to recognise an example of **exceptional** and **outstanding** service to the Club community, **well over and above** the many other important tasks on which a successful Club depends. (*Editorial note: Apart from anything else, those involved probably saved the Club over £2000 or £25 per head annual subscription.*) Those not included in the list, who were not able to help during that week, should not take offence. Their help and support has been, is and always will be appreciated - and highlighted in the Newsletter if and when reported.

If there **was** a "target" towards the end of the article, it was those Members who do not help **in any way** either by taking an office or supporting the Club in the many other ways which arise during the course of the year.

I would urge every individual to consider how they can contribute to the progress of our Club and not "have a go" at our Chairman for stating the facts. (*His name was not on the list and no-one works harder for the Club than he does.*)

We have a wonderful Club, the envy of many other bowling clubs, so let's keep it going by all working together.

Pete Murray

Tributes

Doreen Payne remembers

The Ladies' Club has recently learned of the passing of two former Members.

Dot Roberts, a Life Member, Past Club President, Captain and stalwart of many a year, died in nursing home at Coalville. Twelve ladies attended Dot's funeral in uniform to give a guard of honour at Loughborough. Dot was a force to be reckoned with on the green when she was Skip, but was always ready to encourage new bowlers. As Captain she was always first down on match days to "put out the strings" and get the rinks ready for the game. In the clubhouse she could be found at the sink washing-up after social events and quietly helping with the general running of the Club.

Joan Sikes died at a nursing home near Derby, where she had moved in later years to be near her daughter. Joan was a Past President, Captain and, until moving away, a very active and supportive member of the Ladies' club. A keen bowler - especially when playing lead.

These two ladies were of the time when we met, changed and socialised in a wooden hut but, as times changed, they gave their all to help to develop the facilities we all enjoy today for which we should never forget them.

Thanks to both of you, Dot and Joan

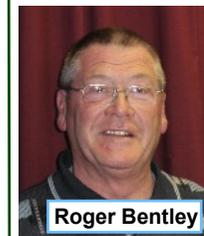
Rest in Peace

Company Patronage

"Friends" scheme agreed with Richard Knight, Solicitors

AS Patrons, **Richard Knight and Company** offer Members a discount on legal fees associated with any legal matter handled by them on a Member's behalf. Anyone wishing to take advantage of this benefit should contact Club Chairman, **Colin Grimes**, for a special "access" code which will confirm eligibility for the discount. Members are not committed to using the services of Richard Knight and remain free to use other solicitors if they wish. Richard Knight, himself, has agreed to write occasional articles for the Newsletter on a range of topics relevant to the membership.

Maintaining green surrounds



Roger Bentley

ANYONE who is willing and available to help with keeping the green surrounds in good condition should feel free to turn up at any time without waiting for the formation of a working party on a weekly basis.

Fixing days and times suited to all volunteers is difficult. Weeding and cutting of the grass surrounds, strimming of the green edging and general tidying up (*the Council retain responsibility for the maintenance of the hedges*) can be tackled at any time by any interested individual - male or female. I will be happy to advise on what jobs need to be done and, where necessary, what equipment to be used. Ring me on **260 7037** at any time.

When is the best time to arrange a funeral?

Patrons offer advice

NOW ... is the best time because.....

* You can choose what kind of funeral you would like instead of your family having to guess. (*i.e. burial or cremation, church service or at the crematorium, hymns or music etc.*)

* If you pay now at today's price you can avoid future price increases and beat inflation, the Funeral Directors' services costs are guaranteed. (Cost of "disbursements" are not guaranteed and will increase with inflation.)

* Like making a will, it is too easy to put off the planning of a funeral. If you don't do it now the chances are you may never get around to it.

Pre-arrange or prepay?

Pre-arrangements cost £25 (*Bowls Club members free*) leaving the funeral to be paid for at the time of need.

Prepayments cost from £2000.00 in one payment or a deposit of £175 with the balance spread over 12 equal monthly payments.

If you would like further information please ring Chris Meynell & Family on 0116 2607954 or contact us via the web site.

www.meynellfunerals.co.uk