

**JUNE**

- 12th Coffee Morning  
Brookfield (H)  
Wissendine (Triples) (A)  
Quorn Mills (Triples) (A)
- 14th Merlins (H)
- 15th Wymeswold (H)
- 17th Belgrave (A)
- 19th Loughborough Granby (H)  
Oakham (A)  
Willows (A)
- 21st TBA
- 22nd Melton Trips League
- 23rd Holwell Sport (H/A) 6.15 p.m.
- 24th Loughborough Granby (H)
- 26th Holwell Sport (H)  
Mowmacre (A)
- 30th Melton Trips League  
Melton Town (H/A)

**JULY**

- 1st Narborough (H)
- 3rd Fosse Way (A)  
Scotlands (A)
- 5th Brookfield (A)  
Crusaders (A)
- 7th Melton Trips League  
Belvoir Vale (H/A)
- 8th Wymeswold (H)  
Oadby (A)
- 9th PRESIDENT'S DAY 4.30 p.m.
- 10th Coffee Morning  
Countesthorpe (H)  
Soar Valley (A)

Colour key: Men: Ladies: Mixed: SBC

## 49 Club update

**LATEST** lucky winners are:  
**Ruth Wheeler, Betty Wheatley, Alan Collins, Colin Grimes, Len Smith, Roy Hill** and **Margaret Abbott**

## The Season's progress in summary

	Played	Won	Drawn	Lost	Shot Diff
Men's Saturday	15	12	0	3	+128
Men's Weekday	7	6	0	1	+147
Ladies'	9	3	0	6	-65

**DETAILED** individual match scores are available on the Club web site which is regularly updated after each match.

**SYSTON BOWLING CLUB** Clubhouse Telephone: 0116 269 2105

All communications to **The Chairman:**

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Telephone: 0116 2608 412 email: [systonbowling@btinternet.com](mailto:systonbowling@btinternet.com)

## Thank you!

Member generosity recognised

Dear Roy (Hill)  
I'm grateful to you and your many friends for supporting the Quiz I have created for the **County Air Ambulance**. Would you please thank them all and say that I hope they're having fun with it and aren't getting too frustrated - after all, it does exercise the "little grey cells" though it may send them mad in the process!  
I'll let you know how much we raise later in the year.  
Once again, many, many thanks.  
Best wishes  
Gwenyth Holmes

## Competition rules

**MEMBERS** are reminded of the following rules associated with Men's Competitions.

1. White shirts are to be worn for all competitions (See **Dress Code** in *Handbook*)
2. Entry to the **Maidens** competition is open to anyone who has not previously won a **SINGLES** competition
3. Markers should not offer any advice or comment on the progress of a match unless requested by one of the players and should not disturb the head until a mutual agreement on the score has been reached between the players.
4. Any changes to the published Draw must be approved **in advance** by the Competitions Secretary



THE SYSTON GREEN



Official Newsletter of the Syston Bowling Club

No 51 - June 2010

## Ladies' President's Day

**AS** usual in our Club, both Ladies' and Men's President's Day is celebrated in style. So, Friday 21st May was no different. We had a sunny and warm evening, just perfect for our Ladies' Club's big day!

It was a very well-attended occasion by both lady and men bowlers and my family (**John's** daughter and **Tim**). I also gave personal invitations to a few ladies in appreciation of the hard work they regularly contribute to our Club.

Prior to the event, the tables were laid in our Club colours and flowers (*donated by our local Tesco store*) tastefully arranged by **Betty Wheatley**.

As everyone arrived, they were given a drink and a piece of the commemorative cake, decorated with our Club badge at its centre. Prior to a short game of bowls, there was a "spider" competition which was won by **George Dodge**.

After the game, everyone came into the clubhouse, players sitting in their rinks with other guests and non-playing bowlers given place names, very expertly designed and printed by **Barbara Brown**.

We all enjoyed a wonderful meal prepared by **Janice Wilbourn** with support from **Kate Williams** and **Anita Lowder**.

Other Committee members contributed trifles and cheese and biscuits. I used as the theme for my speech, the Club's history as recounted in the booklet written by **John Meadows** highlighting the 4 years of struggle and frustration associated with obtaining the necessary permissions for the building of the clubhouse and the many fund-raising activities organised to raise the necessary finance. I recalled how many members contributed financially and gave of their time.

The winner of the "spider", **George Dodge**, auctioned his prize of a bottle of whisky, which had been donated by **Janice**, donating the money raised to my chosen charity "Operation Christmas Child".

**Margaret Porter** donated a teddy bear for a special raffle in which participants were asked to select a name from a suggested list

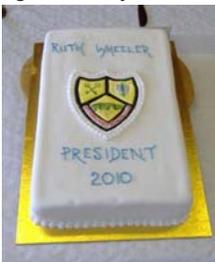


of 60 possibilities. The £60 entry money was also donated to my chosen charity making a grand total for the evening of £225. My warm thanks go to everyone involved.

I want to thank all those who contributed so generously towards the success of

the day an especially to all of those who stayed behind so late to help clear up and put the clubhouse back to normal.

A happy occasion



**Your views, opinions, news and any other material of interest to Members would be welcomed for publication in future editions. Please send to George Dodge, as Editor, by the first Monday in every month**

**THE** Garden Group's outing in May began with an excellent lunch at Grange Farm in Oadby followed by a guided tour around Leicester University Botanical Gardens.

The gardens are comprised of four houses which were built between 1902-1928 and which have now been merged to make 16 acres which include an arboretum, herb, woodland, herbaceous, rock and water gardens.

The visit concluded by taking tea and cakes in the refectory.

Entrance is free to the public.

The Group held a meeting at the end of May which included a hanging basket demonstration and further discussion regarding the provision of planted containers to enhance the appearance around the green.

The latest garden visit was held at the beginning of June when we had lunch at Slate in Mountsorrel, which proved to be very popular with everyone, followed by a tour around a five acre garden at Woodhouse Eaves that included a great variety of trees, shrubs and perennials.

The date of the next meeting is yet to be decided but members will be informed in due course. Watch the noticeboards for further information.

**A great midweek start**  
*George Stone gives thanks*



**THANKS** all the bowlers who have given us such a very good start in our midweek matches. As the statistics on the back page of this Newsletter show, at the time of going to press we have

lost only one match which is brilliant! Let's hope we can build on this and maintain the same level of performance throughout the rest of the season.

I would also like to thank those of the Ladies' Section who have helped us to field mixed teams when required. Your support is greatly appreciated.

All Members are cordially invited to join me in celebrating

**Men's President's Day**

on  
**Friday 9th July**

**4.30 p.m. for 5.00 p.m. start**

**This year, celebrations will take the form of a game of bowls (format depending on registered numbers), played in whites, followed by a meal.**

**(Menu: Bacon-wrapped chicken, potatoes, salad. Fruit & cream)**

**Please register on the notices in the changing rooms whether you wish to participate fully or simply join us after the game to enjoy the meal. Please indicate if you would like a vegetarian option.**

*Pete Murray*  
**President**

**Loughborough**  
**Monday Triples**  
**League**

**WE** have had a better start than last year. By 1st June we had gained **22** Points out of a maximum possible **40**.

We are through to the Quarter Finals of the **Loughborough Knock Out Cup** where we are due to meet **East Leake** at Home on 11th June.

I ask for patience from those Members who have not yet been selected to play in the League matches. I am anxious to consolidate the good start by keeping stable rinks. Be assured, however, that as soon as we have amassed a few more points and secured our continued place in the Division, I plan to give those as yet untried players precedence. They will also be accorded priority in the series of **Loughborough Cups** which start in July. Please see the Noticeboard for further details.

**The deadline for playing 1st Round matches in Men's Competitions has been extended by one week to Sunday 20th June 2010**



Two months into the season and, as the stats on the back page reveal, both the Midweek and Saturday teams are going strong. I did say in the May edition of the Newsletter that I was quietly confident that we would do well this season and hopefully, not tempting fate, it is looking good.

I am halfway through my term as President of the Men's section and I can honestly say that I am thoroughly enjoying it. I have had a tremendous amount of good advice and help from a lot of people and I am looking forward to my President's day on Friday July 9th. (See notice opposite) The lists for attendance are pinned up in the Men's and Ladies' dressing rooms, so please put your name down as soon as possible.

Speaking of Presidents day, I would like to congratulate our Lady President, **Ruth Wheeler** on her very enjoyable day (See front page) and, although our lottery ticket gift didn't win, we won't hold it against her.

During **Ruth's** speech she spoke about the history of Syston Bowls Club and I'm sure that her late husband, **John**, who was a prominent member and 5 times President of the Club, would have been very proud of her on her special day.

Congratulations to **Jan Wilbourn, Ruth Wheeler, Don Creasey** and **Bob Dunlop** on passing their First Aid courses, so if anyone feels the need for the kiss of life, they know who to go to.

Please don't forget that I still have my picture quiz running throughout the season (£1 per entry) with all proceeds going to **Wishes 4Kids**.



**What is 100% concentration?**

*Club Coach, Des Eggitt, offers guidance*



**TO DRAW** a 2ft imaginary circle around the jack requires 100% concentration.

**Concentration** is made up of 5% preparation and 95% delivery.

**Preparation** involves checking of bias and grip, searching for the line and adjusting your stance on the mat to look directly down that line.

**Delivery** involves stepping down your chosen line allied to a straight and smooth arm action along the selected line.

In selecting your line, always look for the "shoulder" which is to say the point where you expect the wood to start to turn. When thinking of length, that is the point that you aim to reach and then "feel" that length in your arm delivery.

Always remember the **3 R's**.

**Relax** - Deep breath, in and out.

**Routine** - Bias, grip, line, identify shoulder, adjust stance accordingly, assess length to the shoulder, step down the line and swing with a smooth action.

**Repeat** - Always try to repeat the routine that has been successful.

If you start playing badly, not getting the line or length, NEVER accept that it's simply your "off" day. That is damaging and negative thought. Go back every shot

to your basic **3 R's** and persist with every delivery that you make. Treat each delivery as a new beginning. Maintain 100% concentration.

If you reduce your game to the basic, simple elements referred to in this advice, you will always get the best out of yourself and maximise your contribution to the game.

**KISS - Keep It Simple, See!**

**Help!**

**DES** would like some help with his coaching duties. Someone simply to stand by the jack to give an indication of line/green and to return woods to those being coached would be extremely helpful and saves a lot of time. If anyone would like to help - and learn a lot in the process - please contact **Des** to discuss times and availability etc.

# Civic presentation of wheelchair and ancillary equipment

3

## Special report

**ON** Monday 7th June, the Club was honoured by the presence of the Mayor of Charnwood Borough Council, **Councillor Jill Vincent**, who presented a specialised wheelchair and ancillary coaching equipment. (pictured) The chair and equipment have been purchased, at a cost of £3000, following the Club's successful bid for a proportion of the £20,000 recently made available by the Leicestershire County Council Local Area Forum (South Charnwood area comprising Syston, Thurmaston and Wreake Villages).



Also in attendance, as special guests of Club Members, were the Chairman of Syston Town Council, **Councillor Howard Midgely**,

Syston Town Manager, **Mr Alan Clark**, Coach of the Leicester Cobras Wheelchair Basketball Club, **Mr Mike Foster** and President of the Rothley & Soar Valley Lions Club, **Mrs Norma Grimes**. They were greeted by Club Chairman, **Colin Grimes** and President of the Syston Ladies' Bowling Club, **Mrs Ruth Wheeler**. (Men's President, **Peter Murray** and Vice-President **George Dodge** were unable to attend because they were involved in a fixture in the Loughborough League.)



In her brief presentation to an attentive audience of Members, the Mayor commended the Club on its efforts to develop the sport of bowling among disabled members of the community - both the young and the more mature. Drawing on her own family experience, she recalled how membership of the local bowling Club had greatly benefited her parents when they



moved to a new locality. Through their membership they had rapidly made many new friends and were enabled to develop a vibrant social life in addition to deriving great pleasure from the exercise involved.

She congratulated the Club and, on behalf of the **Leicester County Council** and the **Local Area Forum**, expressed great pleasure in formally presenting the equipment. In accepting the gift, Club Chairman, **Colin Grimes**, welcomed and commended the work of the **Local Area Forum** which, he believed, was a striking example of local democracy successfully at work, enabling communities themselves to decide how best limited funds should be distributed and applied for the benefit of the communities concerned.

He confirmed and explained how the equipment would be used to enable the Club to develop and expand coaching services and extend membership to disabled people in the locality helping to fulfil the Club's stated objectives as a registered Community Amateur Sports Club (**CASC**).

He thanked **Syston Town Council** and **Syston Rotary Club** for the provision of disabled toilet facilities adjacent to the Clubhouse and paid tribute to **John Wheeler**, late husband of current Ladies' President, **Ruth**, and a former Chairman and President of the Club, for initiating the project during his time as Chairman of the **Syston Rotary Club**.

He wished to place on public record, the

4

Club's thanks to the Syston Town Council for their sympathetic and supportive approach to the recent negotiations over the renewal of the lease for the bowling green. During the negotiation process a very close and mutually supportive working partnership had been developed as both parties seek to promote and maximise the benefits of the green as a valuable community asset.

**Rothley & Soar Valley Lions** were thanked for the provision of a temporary clubhouse entry ramp.

He then paid special tribute to Club Coach, **Des Eggitt**, for his total commitment to his voluntary role, always ready to help and assist both new players and the more experienced who feel the need to improve their game. Through his efforts, the **Syston Project**, a drop-in centre for people with special needs such as Down's Syndrome, and cerebral palsy enjoy regular weekly coaching sessions on the green. The wheelchair and target mat would strengthen that coaching programme, enabling those with a physical disability also to participate while minimising any damage to the green. He was delighted to confirm that the provision of the special chair had already resulted in an increase in Club membership.

**Chairman's Note:** My special thanks to **Norma Grimes, Chris Dodge and Hilary Newman** for their help with teas; to **George Dodge, Pete Murray, Myles Clare and Roger Bentley** for help with preparing the clubhouse, bar and green and to all those Members who turned up to "fly the flag" for the Club on this special occasion.

**Mike Foster**, the Coach of the **Leicester Cobras Wheelchair Basketball Club** - the Club's nominated charity in 2009 - had now joined the Club as a means of remaining active during the close Season for basketball. This would simply not have been possible without the provision of the chair, the ramp and the disabled toilet facilities. It was the hope of the Club that this would be the first of many.



Finally, the Mayor and other special guests were invited on to the green where, with the help of Members, a demonstration of the use of the wheelchair and the "target" mat

was arranged. Mayor **Jill Vincent** and Chairman **Howard Midgely** then accepted an invitation to try their hands at the great game of bowling to gain a flavour of the skills required and to understand the attraction of the sport for people of all ages. The event was brought to a close with tea and light refreshments in the Clubhouse.

## President Ruth's Day - More pictures



Special guests are entertained and enjoy a fine meal



Men's President, **Pete Murray**, proposes a toast to **President Ruth Wheeler**



President **Ruth** cuts the special commemorative cake



Imagine what **George Dodge** would have looked like if he'd actually drunk his prize!