

THIS MONTH'S DIARY

MAY

- 14th **Coffee Morning** 10.30 a.m. Start
4-wood Maidens Round 1 deadline
Coalville H
Sileby A
16th **Birstall Sands** A
Wymeswold **Steamers** H
17th **Men's Management Group** 7 p.m. start
18th **Enderby** A **6.15 p.m. start**
19th **Evington Park** A
Evington H
20th **Wymeswold** A
21st 4-wood Round 2 deadline
2-wood Round 2 deadline
2-wood Pairs Round 1 deadline
4-wood Pairs Round 1 deadline
Sileby H
Loughborough Phoenix A
25th **Goodwood (KO Cup Rd 1)**
Aylestone Hall A **2.15 p.m. start**
26th **Melton Town** H
27th **Men's President's Day** 5.00 p.m. start
28th **Belvoir Vale** A
Keyworth H

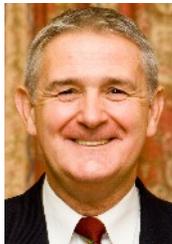
JUNE

- 1st **St Margarets** H **6.15 p.m. start**
Melton Mowbray A
2nd TBA
3rd **Shepshed Lions** H **6.15 p.m. start**
4th **Little Bowden** H
TBA A
6th **Syston Green & Royals** H
Syston White Plums A
Quorn A
8th **Brookfield Electric** **6.15 p.m. start**
9th **Birstall** A **2 p.m. Start**
10th **Thringstone** A **6.15 p.m. start**
11th **Coffee Morning** 10.30 a.m.
Brookfield H
Quorn Mills Park (Mixed Triples) A

Colour code: **Men** **Ladies**

**PLEASE CHECK NOTICE BOARDS
FOR STARTING TIMES AND FULL
DETAILS OF ALL EVENTS LISTED.**

Focus on Youth Wreake Valley coaching



Ken Renshaw, Gary Kilbourne, Stan Page and Peter Murray have now completed two coaching sessions at Wreake Valley Academy. Thanks to an initiative launched by County Development

Officer, Steve Bacon, these coaching sessions are giving us a welcome opportunity to introduce bowls to young players, with the hope that we can start to build a youth section at the Club. Both sessions were enthusiastically received by the students. More sessions at the Academy are being planned, leading to others which will involve bringing the students on to our green. When this happens, we will need volunteers to help. So, please keep your eyes on the noticeboard for details and, if you would like to get involved in this important iClub development initiative, please contact Ken Renshaw.

CLUB PATRONS

We are grateful for the active support of all of our growing list of companies now featured in this Newsletter (See p7)
For details of Patron benefits, please contact 0116 2608412

Happy Birthday Bump MAY

Happy Birthday wishes to:
Margaret Abbott, Arthur Calver,
Marjorie Clowes, Win Collins,
Allan Disney, Pete Hancock,
Diana Lewis, Julie Warrington

the SYSTON GREEN

Official Newsletter of the Syston Bowling Club

No 118 May 2016

Presidents' pieces



With the passing of Colin Smith we have lost a very good friend and a valuable and valued Club member. Colin really was an unsung hero of our Club. If anyone wanted anything doing, Colin would help if he could and there

wasn't much he couldn't turn his hand to. He was the sort of odd job man helped anywhere he could. He was always on the list when it came to preparing the green for the start of the season. His background of working with the Water Board came in handy when helping George Dodge with the plumbing for the new extension. He will be sadly missed and fondly remembered. (See full obituary on p4)

I know the season has only just started, but from the early results, I am sure we will do well this year in the leagues and the friendlies. Please help the Captains by making yourselves available as often as you can to give them a better selection on team and position.

I would like to remind everyone about my President's day on Friday 27th May starting at 5.00pm. There will be a short bowls match followed by a cooked meal. After the meal there will be live musical entertainment in the form of a female vocalist. If you haven't got your name down please do so as quickly as possible so we know how many to cater for.

For coaching advice, and assistance
ring
Ken on 0116 2606 743
or
Gary on 0116 2607 922.



Once again, the Ladies' Opening Day has come around and what a lovely day it was too! We enjoyed our lunch together - the ladies, as always, supplying a great variety of food, plus a special cake from Hazel as a belated

celebration of her 90th birthday. It was also very nice to see Marion and Ruth again following their recent operations. We all hope they will continue to feel much better now that summer is on its way!

After lunch, with the sun still shining for us, we enjoyed 12 ends of bowling before it turned chilly - but the green was brilliant and the flowers under the old scoreboard made a very pretty picture.

We certainly have a green to be proud of. Thanks to Rod, George and Chris for all their hard work.

So, I will just wish everyone all the best in their competitions and hope you all enjoy the rest of the season.

Club Coaching Developments



Gary Kilbourne and Ken Renshaw are now fully registered Coaches under the BDA scheme now approved by Bowls England. Gary successfully completed his Level 2 assessment on 8th May and thanks Pete Murray for acting as his "guinea pig".

SYSTON BOWLING CLUB

Clubhouse Telephone: 0116 269 2105

All communications to The Chairman, George Dodge, 46 Brookfield Street, SYSTON, Leics. LE7 2AD

Telephone: 0116 2698 923

email: systonbowling@btinternet.com

Improving your game - The Three "C's"

With acknowledgements to Woodspring Bowls Club

(1) Concentration: Players should be advised to pay attention to all aspects of the game they are playing in. As the match starts, watch the first bowls played to give you clues as to the speed and run of the green. No two greens are alike. Watch the tactics used by your opponents and be alert to them. Note weakness and strength, so you can exploit or avoid situations. Never deliver your bowls and stand back to let your team get on with it. Pay constant attention to the game and you will increase your chances of success.

(2) Confidence: If you are comfortable and in control of your game, and concentrating on consistent play, then you are likely to find that you are developing confidence in your own ability. The same applies to the

confidence you place in your team mates playing their part. Your confidence can be effected by small things, like arriving on the green just in the nick of time, or not being mentally prepared for the task that lies ahead. When deciding the shot you are about to play, make sure you are able to execute the shot, and are confident with it. As Skip, when asking for a particular shot to be played, express confidence in that player's ability to execute it well.

(3) Consistency: Influence a game and establish a reputation as a reliable team member. It is vitally important that all aspects of your delivery action and your approach to the game should be the same on every occasion. It is only by regular, meaningful practice that a high level of control will become a permanent feature of a player's game, but it is a target well worth attaining for anyone who has ambitions to play at higher levels.

White Plums update

Captain Dave Hudson



We started our League campaign away against the Sileby Finches. Playing at Sileby is not an easy task. Although their green was very slow and bumpy, all of our three rinks played very well.

We won on two rinks and lost on one, winning overall by 52 shots to 49. This gave us six points out of a possible eight. Our next game was against the Rothley Crusaders where we got a very good result, winning on all three rinks by 61 shots to 43. This gave us all eight points. We now have 14 points out of a possible 16. The next game was against St Margarets' Maggies in the Monday Trophy when we enjoyed another good win by 56 shots to 44. This is a great start to the season. We are playing as a team and are finding that team spirit that Pete and I are seeking to generate.

So, "Well done" to all the team players and to those who have not yet had a game but who are still an important part of the team.

George says: "Thank you!"



On Saturday 16th April, George Stone and I were on tea duty. Myles Clare, knowing that my wife Chris was not able to help in the kitchen, volunteered to make up the third person. We arranged to meet at the club in good time to start the preparations. When I got to the club I was amazed, as the kitchen was occupied not only by George and Myles but by a number of Ladies, all helping with the preparations. THANK YOU Ladies, it was a lovely surprise and it was very much appreciated. It just proves how kind and thoughtful our Members are and what a wonderful Club we have.

"You're more trouble than the children," is the greatest compliment a grandparent can receive.

Wealth management
advice to achieve
your financial targets



NARWAL WEALTH MANAGEMENT LTD
FINANCIAL ADVICE CONSULTANTS

Proud to support Syston Bowling Club

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance tax planning

For further details, contact Pardeep Singh Narwal on:
Tel: 0116 319 0084
Email: pardeep.narwal@sjpp.co.uk
Web: www.pardeepnarwal.co.uk
The Old Vicarage, 26 High Street, Syston, Leicester LE7 1GF

SALUSBURY HARDING & BARLOW

Solicitors & Notaries

1 Berridge Street, Leicester, LE1 5JT

We are on hand to assist with your legal matters.

Buying or selling a house?

Want to make a Will or put a Lasting Power of Attorney in place?

Need help with a loved-one's probate affairs?

We can help with all your legal matters.

Meet us at our offices in the centre of Leicester

(not far from Richard III) or we are happy to visit you at home or at work in and around Syston.

Long-established family solicitors -

"Caring for generations"

Call Lisa Bacon or Ian Hilton-Tapp on 0116 262 6052

e-mail: iht@shbsolicitors.co.uk

need a helping hand?

A local firm offering top-quality advice and support services to individuals and to businesses including personal taxation, tax planning, bookkeeping, payroll management and budgeting.

adam longley
accountants limited



For a free consultation:

Tel: 01664 420281

Email: info@adamlongley.co.uk



**15 HIGH STREET
SYSTON**

Tel: 0116 2606747

*Call in to browse our
new collection*

CHRIS MEYNELL & FAMILY

INDEPENDENT FUNERAL DIRECTORS

www.meynellfunerals.co.uk | Wellington Street Syston

Proud sponsors of SBC. Special terms for Members

Finance Matters

Deliberate Mistake

You will need to think twice before passing your home to children, especially if you need residential care.

The decision on whether you should pay for your own care home fees, and how much you should pay, is based on your assets and capital, such as your home, savings and investments.

It's not surprising then, that people in failing health can sometimes be tempted to offload assets with the intention of reducing or eliminating their obligation to pay for care out of their own pocket.

It's not unheard of for people to consider signing over their home to a relative when facing the assessment for residential care. But deliberately depriving yourself of an asset in order to avoid care fees can lead to some serious problems.

If and when your local authority needs to conduct a financial assessment for your own residential care and support, they will not only check your existing assets, but also the ones that you previously owned, including property. The council will ask you if you own, or have ever owned, a property. If the answer is 'Yes' and you have given it away, they would make enquiries as to the reasons why you gifted the asset.

Importantly, the local authority does not have to prove that 'deliberate deprivation' has occurred; it can just assume that it has. So the question is, how does a council decide whether the gifting of an asset was done deliberately to avoid paying for care fees?

Fundamentally, it's about intent. Could the person making the gift have known that they would need care? For example, if they signed over the deeds of their property when they were already ill, the council could view that as deliberate deprivation.

Local authorities are likely to look at the time period between the person realising that they needed care and when they disposed of a high-value asset. But smaller gifts – like a £300 ring to a granddaughter for example – are unlikely to prompt further investigation.

There also has to be a notion of reasonableness. *Care and Support Statutory Guidance*, issued under the Care Act 2014, states that "It would be unreasonable to decide that a person had disposed of an asset in order to reduce the level of charges for their care and support needs if at the time the disposal took place they were fit and healthy and could not have foreseen the need for care and support".

Anecdotal evidence suggests that councils are becoming increasingly wise to people trying to avoid paying for care costs.

If you are found to have deliberately transferred ownership of your home in order to improve your chances of receiving financial help, then the local authority can reverse the transfer. Moreover, they have the power to claim care costs from the person to whom the assets were transferred.

It may seem tempting, but it is never advisable to place any large capital assets deliberately out of the reach of the local authority if you know you need care.

Naturally, there can be perfectly good reasons for disposing of a capital asset, especially for the purposes of estate planning, so appropriate financial and legal advice is key to making sure everything is done properly.

More information

Should you wish to discuss any of the detail contained in this article, please do not hesitate to get in touch - Pardeep Singh Narwal, Partner of St. James's Place Wealth Management on 0116 319 0084 for a free no obligation meeting.

Club Coaching tip



When you are practising or having a roll up try some of the following:

1. Lay a row of cones on the centre line of the rink and try and bowl to it. This will help you perfect your line.
2. Lay a row of cones across

the rink to the weight/length that you want to bowl to and try and bowl to it. This will help with your length.

A set of cones is now kept in the store.

Christine Dodge

GARDEN CLUB



Members and friends of the Garden Group travelled to Shugborough Hall in Staffordshire to view the house and gardens.

When we arrived we found the car park was quite a distance from the house but, fortunately, there was a shuttle bus that carried us the rest of the way.

The first stop was at the restaurant for lunch then on to view the kitchen, laundry, staff rooms etc.

There was so much of interest in the house and as the weather was inclement some of the time, we stayed indoors as there were plenty of interesting rooms to see. Each room had a very informative guide, dressed in the appropriate clothes of the day, who described what each of the utensils, machinery, etc was used for. They were all very knowledgeable and made the tour of the house most entertaining.

We then returned to the restaurant for tea and cakes before catching the shuttle bus back to the car park.

This was the first time we had visited this venue and it proved to be one of the best we have been to so far as there was so much to see. It was also one of the longest journeys we have made, so thanks again go to the drivers who transport us to all these interesting places. Hopefully, later in the year we will be able to return to see the gardens which should be spectacular.



Barbara Brown

Visit Report

George and I happened to be in Melton recently and we decided to visit Egerton Lodge to see Barbara Brown. We were delighted to find her looking very well and enjoying making new friends. She praised the staff for all their kindness and said the food and the attention given to each resident was outstanding. She showed us her room and en suite bathroom and the lovely gardens.

She was so pleased to see us and I would urge any of her friends to visit her if you happened to be in the area. **CD**

All copy for the June Newsletter should be sent to **Colin Grimes** by no later than

Monday 30th May

email:
systonbowling@btinternet.com

59 CLUB UPDATE

Most recent winners are:

Margaret Trigg (18)

Pete Murray (54)

Maureen Page (24)

Margaret Abbott (31)

No winning holder (28)

Congratulations to them all.

THERE ARE STILL SOME UNALLOCATED NUMBERS (4,10,28 and 57) AVAILABLE. PLEASE CONTACT VAL FOREMAN IF YOU WOULD LIKE TO JOIN THE CLUB

ROLLOVER!

With no-one currently holding No 28 an £80 ROLLOVER has been created for Saturday 14th May.

In Memoriam

Bob Dunlop remembers Colin Smith

Colin was born in Belgrave and attended Rushey Mead Boys School. I first met Colin in the Boys Brigade when we were 14 and played football for the 7th Leicester Company in the Battalions' League until the age of 18 when we played in the Old Boys' team. His father was a publican and Colin played darts at local pubs in competitions. He also loved fishing but his love of football carried on until his late 30's. When he left school he originally served an apprenticeship as a coppersmith. Some years later he went to work for the English Electric Company. When he was eventually made redundant, he joined the Severn Trent Water Board and worked there until his retirement. Colin married his childhood sweetheart, Irene, and I was honoured to be his best man. They went on to have two sons, Chris and Mike, followed by a daughter, Leigh. Mike now lives in New Zealand, Chris in Berkshire

and Leigh in Swithland. There are seven grandchildren. Colin was a great family man. He was devastated when his wife died some 15 years ago. Some years later, when I was talking to him, he said that he felt that "the walls were closing in" on him. So I suggested that we might take up bowling. He agreed to give it a try but wanted a Club with a Bar and strong social life. We both decided on Syston. He rapidly made new friends and played both outdoor for Syston and the Sunday Tourists and indoor at Melton. He played his last match only two weeks before he died. Although he had been ill for some time, you never heard him complain - he just got on with it. He always liked a laugh and a joke. Colin was always there with help and advice and it was a privilege to have him as a friend. He has left some great memories and will be sadly missed by many.

BD

Club/Town Council Liaison Group

Amicable discussions and grant support for CCTV upgrade agreed

Club Chairman, George Dodge, Lady President Sheila Aindow, Secretaries Val Foreman and Rob Wilbourn and Club Development Officer Colin Grimes met with members of Syston Town Council on Wednesday 4th May in the latest in a regular series of Liaison Group meetings between the two bodies.

Matters of mutual interest and concern were discussed including dog fouling, the Club's celebration of the Queen's Jubilee, water metering, road signage for the Club, perimeter hedge maintenance, the proposed Christmas Fayre, CCTV upgrading and future visitor parking adjacent to the clubhouse.

It is pleasing to report that amicable agreement was reached on all points raised, including agreement from the Council to make a grant of up to £300 to enable our CCTV system to be upgraded.

The Club expressed thanks for the prompt action taken by the Council on such matters as tree pollarding, hedge repairs, street lighting adjacent to the clubhouse and the provision of a key to the gates of "Donkey" Park as an interim gesture towards easing the continuing problem of visitor parking.

Following receipt of the guidance issued by the County Solicitor (*See April Newsletter*) the Council have also agreed to consider a new application for visitor parking to be submitted by the Club at the next meeting of the Group scheduled for September.

Watch this space!

Wills and Lasting Power of Attorney

As we get older, it's good to have the peace of mind that comes from knowing that our affairs are in order. Just a little planning now can avoid hassle and stress later down the line - just when you or your family need it the least.

Among the things to be considered include making sure that a Lasting Power of Attorney and an up-to-date Will are in place.

A variety of circumstances can make a Will outdated. These include all manner of changes in personal circumstances since your Will was made, changes in your wishes and changes to the value of your assets. It might well be that your named Executors are no longer able to fulfil their roles.

Salisbury Harding & Barlow can act as your Executor, thereby saving relatives from the stress and possible conflict that can so often arise from the administration of a Will. We advise all clients to make a Lasting Power of Attorney (LPA) in respect of their financial affairs and their health and welfare. LPA documents allow a nominated person to make decisions on someone's behalf, should they become incapacitated. Health and welfare issues are often overlooked. We strongly urge clients to consider them because they relate to and cover long-term residential or nursing care choice, medical decisions and end-of-life plans.

Our team of experts at Salisbury Harding & Barlow are equally happy to meet clients either in their own homes, in a care settings such as a hospital or nursing home, or at our offices in the centre of Leicester.

Club Patron, Salisbury Harding & Barlow is a family-run practice that has a reputation for putting people first, pledging a high level of personal attention along with value for money. Full contact details will be found in our display advert on page 7. We look forward to hearing from you.

Health matters

Useful literature offering advice and guidance on staying fit and healthy.

"Stay Well in Melton Mowbray and the Surrounding Areas", a step-by-step guide to keeping well, published by NHS East Leicestershire & Rutland Clinical Commissioning Group, offers detailed advice under headings such as "Stay warm, look after your health and seek help early before your illness gets worse"; "Can you treat your illness yourself? If not, can your pharmacist help?"; "Make an appointment with your GP"; "Not sure what to do? Call NHS111"; "Visit your local Urgent Care Centre". It closes with the following: **"If it's a real medical emergency such as choking, severe blood loss, or the patient is unconscious, please call 999"**.

"Top tips for staying steady", published by Age UK, advises you how and why to "Exercise regularly"; "Ask about your medicines"; "(Take) Vitamin D for vitality"; "Check for home hazards"; "Check your eyes and hearing"; "Visit your GP"; "Count your calcium" and "Look after your feet".

"Welcome to the Leicestershire Telecare Service" gives details of a system, operated by Leicestershire County Council Adult Social Care Department, which is based on a range of wireless sensors placed around your home, providing 24/7 emergency support through links to a central monitoring centre. If one of your sensors is activated, a message is automatically sent to the centre where a trained operator will take the most appropriate action to support you, such as contacting a family member, carer, neighbour, doctor or the emergency services. Under some circumstances, the system can be installed free of charge. Copies of these documents can be obtained from the Syston Health Centre.